

Week One



Monday

Option 1

NEW

Breaded Chicken Strips with a Dip and Baked Jacket Wedges

Option 2 (v)

Served With

Sweet and Sour Veggie Strips with Steamed Rice

And for Pudding

Mini Krispie Bar with Seasonal Fruit Wedges

Available Each Day

Tuesday

Mild Beef Enchilada Bake with Steamed Rice

NEW RECIPE

Tasty Cheesy Pasta

Broccoli and Sweetcorn

Strawberry and Vanilla Swirl Mousse

Wednesday

Delicious Roast Chicken with Stuffing and Gravy

NEW

Golden Vegemince Pasty

Roast Potatoes, Cabbage and Carrots

Fruity Wednesday with Yoghurt Dip

Thursday

Sausage with Tomato Pasta and Hand-Made Herby Bread

Mild Lentil and Sweet Potato Curry with Steamed Rice

Crunchy Mixed Salad

Seasonal Fruit Crumble with Custard

Friday

Breaded Fish Fingers

Oven-Baked Cheese Omelette

Chips with Garden Peas or Baked Beans

Carrot Cake

Week starting: 5 Sep • 26 Sep • 17 Oct • 14 Nov • 5 Dec • 16 Jan • 6 Feb

Did you know?
Norse serves over 4.8 million school meals every year – that's a lot of happy customers!

Week Two



Monday

Option 1

Chicken Korma with Steamed Rice and Hand-Made Naan Bread

Option 2 (v)

Vegetarian Bolognese with Pasta

Served With

Broccoli

And for Pudding

Mini Oaty Bar with Seasonal Fruit Wedges

Available Each Day

Tuesday

Tasty Pork Meatballs with Onion Gravy and Creamy Mash

Country Vegetable Flan with a Jacket Potato Half

Mixed Winter Vegetables

Pear and Ginger Sponge with Vanilla Custard

Wednesday

Traditional Roast Beef with Yorkshire Pudding and Gravy

Quorn Fillet

NEW

Sliced Potato Bake, Cauliflower and Carrots

Fruity Wednesday with Yoghurt Dip

Thursday

Mediterranean Chicken with Pasta Twists

NEW

Mild Vegetarian Enchilada with Steamed Rice

Sweetcorn

Bakewell Tart with Custard

Friday

Harry Ramsden's Fish Fillet

NEW

Veggie Fingers

Chips with Garden Peas or Baked Beans

Zesty Lemon Muffin

Week starting: 12 Sep • 3 Oct • 31 Oct • 21 Nov • 12 Dec • 23 Jan

Did you know?
We use whole wheat flour in our bread and pastry recipes to ensure our menus are rich in fibre!

Week Three

Did you know?
Working with our Nutritionist, we have reduced the sugar content in all of our dessert recipes by over 25%!



Monday

Option 1

Hand-Made Margherita Pizza

Option 2 (v)

BBQ Quorn Fillet

Served With

Tossed Pasta Salad, Garden Peas and Sweetcorn

And for Pudding

Mini Shortbread with Seasonal Fruit Wedges

Available Each Day

Tuesday

Hearty Beef and Vegetable Pie with Gravy and Mashed Potatoes

Cheese and Potato Pie

Carrot and Green Bean Medley

Fruit Yoghurt

Wednesday

Succulent Roast Pork Loin with Apple Sauce and Gravy

Tasty Lentil Roast

Roast Potatoes, Cauliflower and Carrots

Fruity Wednesday with Yoghurt Dip

Thursday

Chicken Pitta Pocket with Steamed Rice

Vegeballs in Tomato Sauce with Pasta

Red Cabbage Slaw

Sponge Pudding with Sauce

Friday

Breaded Fish Fingers or Salmon Fingers

Quorn Sausage

Chips with Garden Peas or Baked Beans

Fruity Flapjack

Fresh fruit, salad, bread, milk and water
Jacket potato option (please check with your school for availability)

Week starting: 19 Sep • 10 Oct • 7 Nov • 28 Nov • 9 Jan • 30 Jan

